



The Philistine, Vol. 23 (Classic Reprint) (Paperback)

By Harry Persons Taber

Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Excerpt from The Philistine, Vol. 23 Very many otherwise sensible people labor under the hallucination that it is the quantity of food we eat that makes us strong After a square meal, with plenty of meat, we expect to be ready for any conflict - mental or physical - and if we do not get quite enough to eat, or just what we want, we feel weak as a cat, and explain the fact to our friends. Many people have to be supplied coffee in bed before they have the courage to face the day. I know a man who weighs two hundred who occasionally awakens in the night and feels so faint, that he gets up and gropes his way to the pantry where he fortifies himself against fate with a mince pie. The superstitious habit is upon us! What we need to know is that lack of health, diminishing strength, business disasters, loss of friends, and that faint feeling are all directly caused by chronic abnormal conditions of mind. Like old Job, that which we...



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