



## Secrets of the ACSM Certified Clinical Exercise Specialist Exam Study Guide ACSM Test Review for the American College of Sports Medicine Certified . Exam Mometrix Secrets Study Guides

By ACSM Exam Secrets Test Prep Team

Mometrix Media LLC. Paperback. Book Condition: New. Paperback. 108 pages. Dimensions: 11.0in. x 8.2in. x 0.3in. Includes Practice Test Questions Get the test prep help you need to be successful on the ACSM test. The ACSM Certified Clinical Exercise Specialist Exam is extremely challenging and thorough test preparation is essential for success. Secrets of the ACSM Certified Clinical Exercise Specialist Exam Study Guide is the ideal prep solution for anyone who wants to pass the ACSM Exam. Not only does it provide a comprehensive guide to the ACSM Exam as a whole, it also provides practice test questions as well as detailed explanations of each answer. Secrets of the ACSM Certified Clinical Exercise Specialist Exam Study Guide includes: A thorough and detailed overview of the ACSM Certified Clinical Exercise Specialist Exam An analysis of health appraisal and fitness exercise testing A breakdown of exercise prescription (training) and programming An extensive review of exercise physiology and related science An in-depth look at pathophysiology and risk factors A guide to the human behavior and safety Comprehensive practice questions with detailed answer explanations Its filled with the critical information you'll need in order to do well on the test the concepts, procedures, principles, and...

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