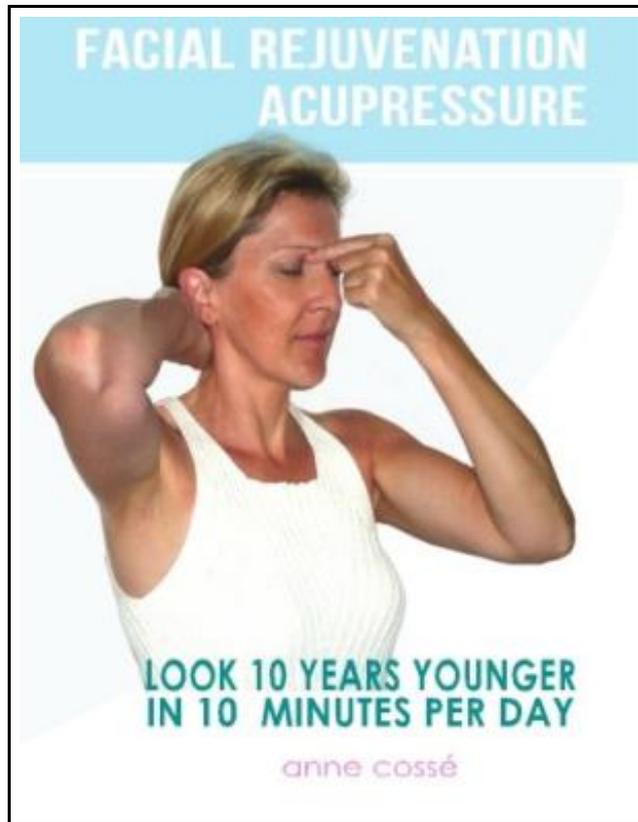


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Reviews

Undoubtedly, this is the greatest job by any author. It is actually filled with wisdom and knowledge I am quickly could get a pleasure of reading a written book.

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Paperback. Book Condition: New. Paperback. 44 pages. Learn quick and easy exercises to maintain a youthful look. Firm up your facial muscles, reduce the fine lines, and improve your skin complexion. Discover: The Complete Daily Facial Rejuvenation Program, The Express Face Ironing Routine, And many A la Carte Exercises to work on all your facial areas: eyes, cheeks, chin, jaws, nose, neck, skull, skin. Harness the power of acupressure to improve at the same time your general well-being! Alleviate acne, sinusitis, headaches, eyes swelling. All you need is this step-by-step guide, and your hands! Anne Coss is a Certified Acupressure Practitioner (C. A. P. , California, USA). She is trained in traditional Shiatsu, Zen Shiatsu, Jin Shin Do, Reflexology, Touch for Health, and Reiki. She also holds an MBA and a Master of Engineering, and has been in the past an Executive in Europe, Asia, and the USA. She is an expert for YourTango. com and SelfGrowth. com and has been interviewed by many medias in Europe and in Asia. For articles, tips and videos, visit: www.annecosse.com www.zenattitudewellness.com This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



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