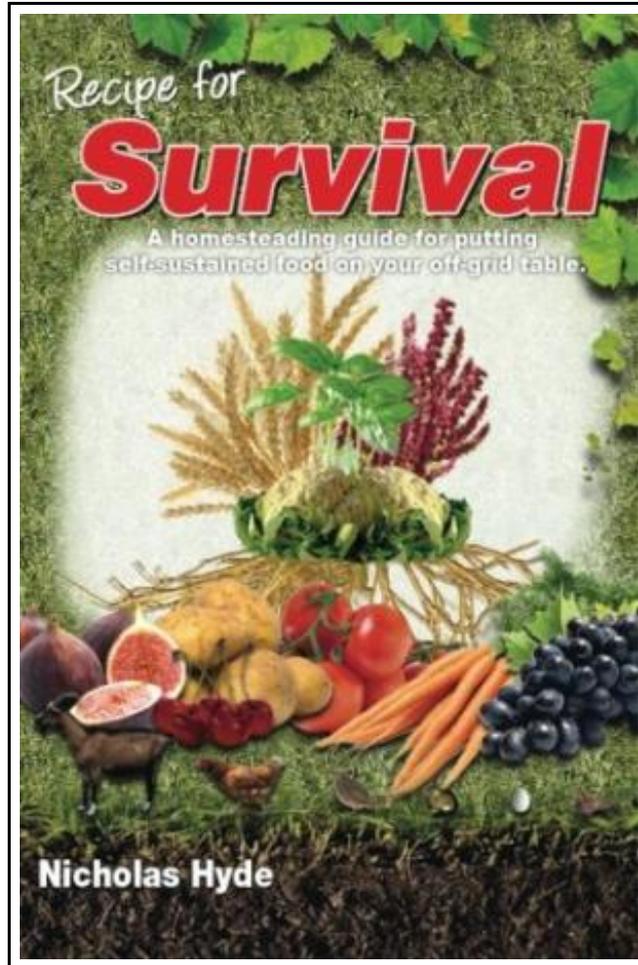


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Createspace, United States, 2013. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.The ability to provide your own food may be a lost skill in modern society, but it doesn't have to be lost on you. Some folks believe we are nearing the days when this knowledge will once again become necessary for survival. Even if that doesn't happen, most will agree that becoming food self-sufficient is one heck of a fun project. Be forewarned, however, that there's more to food self-sufficiency than raising a few chickens and doing a little vegetable gardening - much more, in fact. Not to worry; we got you covered. Nicholas Hyde's latest book will properly equip you to become a healthy and productive homesteader, one who melds with nature and delights in using all four seasons to their advantage. There is no reason you can't always have meat, starch, and/or fresh produce of some type on your table, no matter how far off the grid you happen to live. To say nothing of your plentiful reserve supply of home-canned and dried foods. What about salt, sugar, vinegar, and oil? Have you ever thought about how and where you can naturally harvest those necessities? How will you make flour, bread, and pasta? Do you know which types of grains are best for mini-farming in your climate? How can you be certain you will have enough vitamin C and complex carbohydrates? We will cover all these issues, and many more. Soon you will be making your own hunting equipment, catching fish unattended, and snaring small game using cordage you made yourself from the fibers of common plants. Pick up this invaluable resource today and always know where your next meal is...

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